

An invitation for members of F.I.R.S.T. to meet Steve Cram MBE, former World record holder and World Champion



Steve Cram MBE will be attending Falkirk Stadium to meet local athletes from a variety of disciplines including athletics, football and swimming to provide an insight into the world of elite sport.

This represents an excellent opportunity for local athletes to put their questions to a former athlete who was successful at the highest level and continues to be involved in the development of elite athletes in the UK.

Format for the afternoon will be a talk from Steve for roughly 45 minutes followed by a 45 minute question and answer session.

Date and Venue

Date: 17th August 2011

Start Time: 16.00

Venue: Falkirk Football Stadium, Westfield, Falkirk, FK2 9DX

Refreshments will be available.

If you would like to attend please contact:

[insert contact name, tel, email address etc]

Places are limited so please book early.

Speaker profiles

Steve Cram



Steve Cram MBE .

Ambassador for Clydesdale and Yorkshire Bank.

Gold Medals 1500m European Championships, Commonwealth Games, World Championships, 800m Commonwealth Games.

Silver Medals 1500m Olympic Games.

Bronze Medals 800m European Championships.

World Records 3 world Records in 19 days over 1500m, Mile and 2000m in 1985.
Member of 4 X 800m World Record breaking British relay team 1981.

Winner 1500m European Cup.

Voted BBC Sports Personality of the Year 1983.

Chairman of the English Institute of Sport.

Chief Athletics Commentator for BBC.