



Issue: January/February/March 2008

# Falkirk Otter ASC

## NEWSLETTER

### Gala Results

**Scottish National Short Course. Open Championships - Tolcross:** David Smith, who qualified for the A finals of the Men's 50 Back, 100 Back and 200 Back; Ross Muir who qualified for the A final of the Men's 400 IM; Kieran McGuckin who qualified for the A final of the Men's 100 Back. Other swimmers participating were Megan Risk, Sarah Bell, Scott Mackay, Fraser Neilson and Nicola Cuthbertson.

**Scottish Schools Swimming Championships at Tolcross, Glasgow -** Kieran McGuckin Silver 200 Back, Silver 200 Breast (representing St Mungos HS; Charlotte McKenzie Silver Girls 12&under 200m Freestyle relay (part of team representing Carron PS) 4<sup>th</sup> 50m breaststroke Other swimmers who participated: Jamie Sime, Sarah Bell, Katie Sime, Kirsty Park, Ian Elrick, Nicola Cuthbertson & Megan Risk

**Club Championships at Grangemouth on Sunday 27<sup>th</sup> January:** Beginners 9&under - Lauren Yorston Gold 25Free Silver 5 Back; Louise Cuthbertson Gold 25 Breast Silver 25 Free Bronze 25 Back; Alana Boggan Gold 25 Back Bronze 25 Free; Anya Reed Silver 25 Breast; Emily Howie Bronze 25 Breast; Jack Gardiner Gold 25 Free, Breast Silver 25 Back; Marc Elrick Gold 25 Back; Ellis Lawson Silver 25 Free, Breast Bronze 25 Back; Drew Meikle Bronze 25 Free, Breast

Beginners 10/11yrs: Erin Lawson Gold 25 Free, Back Silver 25 Breast; Katie Johnstone Silver 25 Free Bronze 25 Breast; Ashleigh Donaldson Gold 25 Breast Silver 25 Back Bronze 25 Free; Hannah Reid Bronze 25 Back; David Kerr Gold 25 Free, Breast, Back; Ciaran Robertson Jack Silver 25 Free, Breast, Back.

10yrs&under: Rebecca Murray Gold 50 Fly, Free, Breast, Back; Tyler Sams Silver 50 Back, Fly Bronze 50 Free; Heather Young Silver 50 Free, Breast Bronze 50 Fly; Eden Hamilton Bronze 50 Back, Breast; Calum Lawrie Gold 50 Fly, Free, Breast, Back; Greig Tierney Silver 50 Back Bronze 50 Fly, Free; Christopher Wall Silver 50 Free, Fly Bronze 50 Back; Adam Sams Silver 50 Breast; James McFarlane: Bronze 50 Breast

11 yrs: Charlotte McKenzie Gold 50 Fly\*\*Free\*\*Breast\*\*Back\*\*; Iona McGill Silver 50 Back, Fly, Free; Ian Elrick Gold 50 Fly, Free, Breast Silver 50 Back; Jamie Sime Gold 50 Back Silver 50 Breast, Fly, Free

12/13 yrs : Nicola Cuthbertson Gold 100 Breast, Free\*\*Back 50 Fly\*\*; Kirsty Park Silver 100 Free, 50 Fly Bronze 100 Back, Breast; Amy Dunlop Silver 100 Back, Breast Bronze 100 Free, 50 Fly; Gregor Birrell Gold 100 Free, Back, 50 Fly; Scott Campbell Gold 100 Breast; Silver 100 Free, Back, 50 Fly; David Struthers Silver 100 Breast Bronze 100 Free, Back, 50 Fly

14/15 yrs: Megan Risk Gold 100Free\*\*Back\*\*, 50 Fly\*\*, Silver 100 Breast; Sarah Bell: Gold 100 Breast Silver 50 Fly Bronze 100 Free, Back; Katie Sime Silver 100 Free, Back; Scott MacKay Gold 100 Free, Back, 50 Fly Silver 100 Breast; Fraser Neilson Gold 100 Breast Silver 100 Free; Craig Young Silver 50 Fly Bronze 100 Breast, Free

Girls Open: Megan Risk: Gold 100IM, Free\*\*, Fly\*\*, 200 IM\*\*; Nicola Cuthbertson: Silver 100IM, Breast Bronze 100 Free 200 IM; Katie Sime Gold 100 Back\*\*Silver 100 Free; Kirsty Park Silver 100 Fly 200 IM Bronze 100 IM; Sarah Bell Gold 100 Breast\*\*; Amy Dunlop Bronze 100 Breast, Back; Charlotte McKenzie Silver 100 Back; Laura Murray: Bronze 100 Fly

Boys Open: David Smith Gold 100 IM, Fly Bronze 100 Free, Breast, Back 200 IM; Kieran McGuckin Gold 100 Breast, Back\*\* Silver 100 IM, Free 200 IM Bronze 100 Fly; Ross Muir Gold 100 Free, 200 IM\*\* Silver 100 Breast, Back, Fly Bronze 100 IM

Other Awards: Secondary Schools Relay Winners Larbert High School; Parents Race: Alan Reed\*\*Founders Cup (highest overall points) Megan Risk; BP Cups (breaking club championship record by the highest margin): Kieran McGuckin and Charlotte McKenzie; Sprint Champions: Kieran McGuckin and Megan Risk; Presidents Cup: Megan Risk (\*\* represents new club championship record)

JAGS Meet, Grangemouth - 9/2/08: **8yrs & under:** Adam Sams Gold 25 Fly, 25 Breast, 100 IM; Marc Elrick Silver 100 IM, Bronze 25 Fly; Andrew Wall 6<sup>th</sup> 25 Fly; Boys 8-9yrs Relay Bronze; **9yrs** Louise Cuthbertson Silver 50 Breast; **10 yrs** James McFarlane Bronze 50 Breast; Eden Hamilton Gold 50 Breast

North Ayrshire 200 Meet - 10yrs & under Callum Lawrie 4<sup>th</sup> 200 Breaststroke, 6<sup>th</sup> 200 IM, 6<sup>th</sup> 200 Free; Rebecca Murray 4<sup>th</sup> 200 Breast, 6<sup>th</sup> 200 IM; **11 yrs:** Ian Elrick Bronze 200 Fly, 4<sup>th</sup> 200 IM

Edinburgh International - 11-12yrs: Charlotte McKenzie: Finalist 100 Back (8<sup>th</sup>); Scott Campbell: 200 Fly 4<sup>th</sup>, Finalist 100 Fly (5<sup>th</sup>);

**15-16 yrs:** Ross Muir: Finalist 200 IM (Silver), 200 Back (4<sup>th</sup>); Mens: Ross Muir: Finalist 400 IM (8<sup>th</sup>)

West District Group 1 Championships - 1st & 2<sup>nd</sup> March, East Kilbride: **10-12 Years:** Charlotte McKenzie 5<sup>th</sup> 100 Back 6<sup>th</sup> 400 IM; Scott Campbell 5<sup>th</sup> 200 Breast 6<sup>th</sup> 100 Fly, 200 Fly.

### Easter Training Times

Falkirk Otter - Training will be on Sunday 23<sup>rd</sup> March, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> April at Grangemouth, Monday 24<sup>th</sup> March, 7<sup>th</sup>, 14<sup>th</sup> April at Mariner Centre and Wednesday 9<sup>th</sup>, 16<sup>th</sup> April at Braes High. Normal times for squads.

FIRST -	Friday 21 <sup>st</sup> March	4.30 - 6.30 pm	Monday 24 <sup>th</sup> March	4.30 - 6.30 pm
	Monday 7 <sup>th</sup> April	4.30 - 6.30 pm	Monday 14 <sup>th</sup> April	OFF
	Tuesday 8 <sup>th</sup> April	4.30 - 6.30 pm	Tuesday 15 <sup>th</sup> April	4.30 - 6.30 pm
	Wednesday 9 <sup>th</sup> April	4.30 - 6.30 pm	Wednesday 16 <sup>th</sup> April	4.30 - 6.30 pm
	Thursday 10 <sup>th</sup> April	4.30 - 6.30 pm **	Thursday 17 <sup>th</sup> April	4.30 - 6.30 pm
	Friday 11 <sup>th</sup> April	5.30 - 7.30 pm **	Friday 18 <sup>th</sup> April	4.30 - 6.30 pm

\*\* For swimmers not at Scottish National Age Groups - Alan Reed will cover these sessions

Long course training - Saturday 5<sup>th</sup> April 5.30 - 7.30 pm at Stirling. This is in place of Saturday morning training.

If you have any ideas or want anything included in next month's issue of the Newsletter, please see a member of the committee