



Issue: May 2007

Falkirk Otter ASC NEWSLETTER

Gala Results

SCOTTISH NATIONAL AGE GROUP CHAMPIONSHIPS held on 12-15th April at Tollcross, Glasgow - Nicola Cuthbertson (12 years) 10th 100m breast; Ross Muir bronze 200m back, 4th 400 IM, 6th 200m fly, 10th 200m free, 7th 100m back, 7th 200 IM, 6th 200m breast, 10th 400m free; Kieran McGuckin (16-18 years) 5th 200m breast, 5th 200 IM; David Smith (16-18 years) 7th 200m back, 8th 100m back.

FALKIRK OTTER GALA held on 21st April at the Carnegie Centre, Dunfermline - Rebecca Murray (9 years) gold 50m breast, 4th 50m fly, 4th 50m back; Calum Lawrie (9 years) 5th 50m fly; Ruairi Kirkwood (9 years) bronze 50m free, 6th 50m fly; Charlotte McKenzie (10 years) silver 50m back, breast, fly and free; Alastair Kirkwood (11 years) bronze 50m fly, 4th 50m free; Scott Campbell (11 years) bronze 50m breast, 4th 50m fly, 6th 50m free.

SOUTH Ayrshire OPEN MEET held on 28th & 29th April at Ayr - Nicola Cuthbertson (12 years) bronze 100m free, 4th 200 IM and 4th 200m breast.

WEST DISTRICT AGE GROUP CHAMPIONSHIPS held on 19th & 20th May at Larkhall - Scott Campbell (11 years) 6th 200m butterfly, 6th 1500m free; Charlotte McKenzie 6th 1500m free.

Well done to all our swimmers competing at all galas.

Reminder

There has been an incident in the changing rooms where swimmers have been using bad language. Parents/carers are reminded they are responsible for their children until they are on poolside and again at the end of the session once they leave poolside.

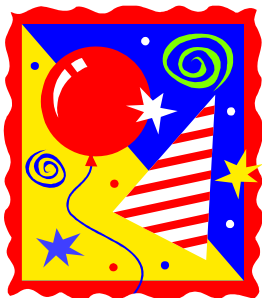
Also there have been items stolen from the changing rooms. Please ensure swimmers either take all their belongings to poolside or put them in a locker, if available.

Birthdays

Happy Birthday from everyone at the Club to the following people:

Birthdays in May:

Iona McGill
Marc Elrick
Rebecca Murray
Erin Risk
Ciaran Bradley
Rory Monteith



If we have missed your birthday, please contact us and we will include you in next month's issue.

Club Tops

We are taking orders for Club Tops and shorts. To place an order contact Morag Risk or Garvie on a Monday night. There are still hoodies and tracksuits available from stock.

SASA Raffle

Could all sold and unsold raffle tickets be returned to Morag Risk or any Committee Member by the end of May or first week in June.

Tip of the Month

In butterfly - two kicks for each pull (kick in, kick out of pull) and breathe every two pulls.
If there is anything you would like included in the next newsletter or wish to make any comments please see any of the undernoted or e-mail us:-

If you have any ideas or want anything included in next month's issue or have any comments please see any of the undernoted or e-mail us:-

Margaret McKenzie margaret@falkirk-otter.co.uk

Ann Murray

Jennifer Bell

garvie@blueyonder.co.uk

jenniferbell@campbell-lee.co.uk