



Issue: February 2007

Falkirk Otter ASC NEWSLETTER

JAGS Meet - Results

JAGS Meet held on 10th February 2007 at Grangemouth.

Calum Lawrie (8 years) Gold 25m butterfly, silver 25m free, 4th 25m back, 4th 25m breast and 4th in 100 IM; Cameron Kirkwood (8 years) 4th 25m butterfly; Louise Cuthbertson (8 years) silver 25m breast; Ruairi Kirkwood (9 years) gold 25m butterfly, gold 50m back, 4th 50m breast, 5th 100 IM; Rebecca Murray (9 years) too fast 100 IM; Tyler Samms 6th 50m breast; Calum Lawrie, Cameron Kirkwood, Ruairi Kirkwood and James McFarlane silver in the boys (8 & 9 years) relay team; Ian Elrick (10 years) silver 50m back, bronze 50m breast; Gemma Cuthbertson (11 years) silver 50m fly; Jamie Sime (11 years) bronze 50m back, silver 100 IM; Jamie Sime, Cameron Couper, David Struthers and Ian Elrick bronze in the boys (10 & 11 years) relay team.

Ruairi Kirkwood won best boy and out of 28 clubs from all over Scotland who took part in the Gala Falkirk Otter ASC picked up Top Club.

Well done to all swimmers.

Membership Fees

A gentle reminder that the membership fees are due by 12th March. Fees are held at the same as last year - single £60 and family £110.

Falkirk Otter Gala

Falkirk Otter ASC are holding their annual swimming gala on 21st April at Carnegie, Dunfermline. This is a major fundraiser for the Club and help from parents on the day would be greatly appreciated. A sheet is on the Notice Board at the Mariner Centre - please tick if your child is available to swim on that day.

Senior League

A sheet has been issued with swimmers for the Senior League on Sunday, 11th March at Grangemouth. Please check notice board.

Birthdays

Happy Birthday from everyone at the Club to the following people:

Birthdays in February:

David Struthers

If we have missed your birthday, please contact us and we will include you in next month's issue.

Forthcoming Galas

Junior League, St. Margaret's, Livingston - 17th March
West District SC Age Group - 17th & 18th March
Cumbernauld Junior Graded - 24th & 25th March (accepted swims are now available)

See Notice Board for all forthcoming galas.

Tip of the Month

In butterfly - two kicks for each pull (kick in, kick out of pull) and breath in every two pulls.

If you have any ideas or want anything included in next month's issue of the Newsletter, please see a member of the committee