



Issue: Aug & Sept 2006

Falkirk Otter ASC NEWSLETTER

Welcome

A very warm welcome to all the new swimmers who have joined the Club recently.

Annual General Meeting

The Annual General Meeting of the Club will be held in November. Date still to be advised.

Training Equipment

Floats and net bags are available to purchase on a Sunday night at Grangemouth and a Monday night at the Mariner Centre.

Orders are being taken for clothing. Samples are available on a Sunday or Monday night.

Holiday Training

During the October school week training will be as normal on Sunday, Monday, Wednesday morning and evening. Training on Tuesday evening at Bo'ness is cancelled.

Results

Members of the Club traveled to Bellshill for the Cumbernauld Autumn Graded Meet on 9th/10th September. Greig Wallace (14 years) gold 100m fly, silver 200m free, 4th 100m back; Scott Campbell (11 years) 4th 100m breast, 4th 100m fly, 6th 100m back; Ian Elrick (10 years) 5th 100m back, 6th 50m fly; Rebecca Murray (9 years) silver 50m fly, silver 50m free, bronze 50m breast.

Well done to all swimmers who took part.

ASA Age Group & Youth National Championship

Kieran McGuckin and Ross Muir travelled to the Ponds Forge to compete in the National Championships. Kieran (15/16 years) competed in the 100m and 200m breast and achieved 2 personal best times.

Ross (14 years) competed in the 400 IM and finished 7th in a new personal best time.

Birthdays

Happy Birthday from everyone at the Club to the following people:

Birthdays in August:

Christopher Wall

Scott Campbell

Kerry Swan

Linzi Gardiner

Daniel Marjoribanks

Margaret McGuckin, Club Secretary

Diane Walker, Coach

Andrew Wall

Elysha Duffy

Rachael Macauley

Emma Murray

Birthdays in September:

Tyler Sams

Rachel Stewart

James Gardiner

Isla Williamson

Garvie Murray

John Bunyan, Past President & Life Member

Duncan Scobbie

Matthew Couper

James McFarlane

Ciaran Wright

Tesco Sport Vouchers

The Club are collecting the Tesco Vouchers which we can exchange for sports equipment for the Club. Please hand any vouchers in at the desk on a Sunday or Monday night.



Tip of the Month

On butterfly - Always begin your breathing with your chin.

If there is anything you would like included in the next newsletter or wish to make any comments please see any of the under noted or e-mail us:-

If we have missed your birthday, please contact us and we will include you in next month's issue

If you have any ideas or want anything included in next month's issue or have any comments please see any of the under noted or e-mail us:-

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